

## DAFTAR PUSTAKA

- Aboushanab, T. S., & AlSanad, S. (2018). Cupping Therapy: An Overview from a Modern Medicine Perspective. *JAMS Journal of Acupuncture and Meridian Studies*, 11(3), 83–87. <https://doi.org/10.1016/j.jams.2018.02.001>
- Adam, L., & Aswad, A. (2022). Effect Of Cupping Therapy On The Blood Pressure Of People With Hypertension In The Working Area Of Central City Health Center Gorontalo City 2020. *European Journal of Research Development and Sustainability (EJRDS)*, 3(3), 23–30.
- Al-Bedah, A. M. N., Elsubai, I. S., Qureshi, N. A., Aboushanab, T. S., Ali, G. I. M., El-Olemy, A. T., Khalil, A. A. H., Khalil, M. K. M., & Alqaed, M. S. (2019a). The medical perspective of cupping therapy: Effects and mechanisms of action. *Journal of Traditional and Complementary Medicine*, 9(2), 90–97. <https://doi.org/10.1016/j.jtcme.2018.03.003>
- Al-Bedah, A. M. N., Elsubai, I. S., Qureshi, N. A., Aboushanab, T. S., Ali, G. I. M., El-Olemy, A. T., Khalil, A. A. H., Khalil, M. K. M., & Alqaed, M. S. (2019b). The Medical Perspective Of Cupping Therapy: Effects and Mechanisms Of Cction. *Journal of Traditional and Complementary Medicine*, 9(2), 90–97. <https://doi.org/10.1016/j.jtcme.2018.03.003>
- Al-Tabakha, M. M., Sameer, F. T., Saeed, M. H., Batran, R. M., Abouhegazy, N. T., & Farajallah, A. A. (2018). Evaluation of Bloodletting Cupping Therapy in the Management of Hypertension. *Journal of Pharmacy And Bioallied Sciences*, 10(1), 1–6. [https://doi.org/10.4103/jpbs.JPBS\\_242\\_17](https://doi.org/10.4103/jpbs.JPBS_242_17)
- Aleyeidi, N. A., Aseri, K. S., Matbouli, S. M., Sulaiamani, A. A., & Kobeisy, S. A. (2015). Effects of wet-cupping on blood pressure in hypertensive patients: A randomized controlled trial. *Journal of Integrative Medicine*, 13(6), 391–399. [https://doi.org/10.1016/S2095-4964\(15\)60197-2](https://doi.org/10.1016/S2095-4964(15)60197-2)
- Ali, H., El-Ghaffaar, A., Khaled Mandour, J., Abed, F., Atia, E., Ha, K., Mandour, J., & Atia, A. E. (2020). Response of cholesterol to cupping therapy in post-menopausal women with hypercholesterolemia. *EurAsian Journal of BioSciences Eurasia J Biosci*, 14(February 2019), 123–127.
- Aquil, Z., Nawab, M., Uddin, Q., Kazmi, M. H., & Ahmad, W. (2022). *Cupping in hypertension: A strength of Unani system of medicine*. 10(1), 22–25. <https://www.florajournal.com/archives/2022/vol10issue1/PartA/7-4-48-664.pdf>
- Asmalinda, W., & Sapada, E. (2018). The Effect of Wet Cupping (Hijama) Toward The Changing of Body Immune System in Venous Blood of Healthy Person. *Jurnal Aisyah : Jurnal Ilmu Kesehatan*, 3(2), 137–144.

<https://doi.org/10.30604/jika.v3i2.121>

- Boiled, B. L. (2023). Efektivitas Pemberian Rebusan Daun Salam Terhadap Kolesterol Total Dengan Hiperkolesterolemia Di Wilayah Kerja Puskesmas Desa Gedang Kota Sungai Penuh Provinsi Jambi Tahun 2022. *Jurnal \*Multi Dehasen (MUDE)*, 2(2), 287–294. <https://jurnal.unived.ac.id/index.php/mude/article/view/3901>
- Bosu, W. K., Aheto, J. M. K., Zucchelli, E., & Reilly, S. T. (2019). Determinants of systemic hypertension in older adults in Africa: A systematic review. *BMC Cardiovascular Disorders*, 19(1). <https://doi.org/10.1186/s12872-019-1147-7>
- Burnier, M., & Egan, B. M. (2019). Adherence in Hypertension: A Review of Prevalence, Risk Factors, Impact, and Management. *Circulation Research*, 124(7), 1124–1140. <https://doi.org/10.1161/CIRCRESAHA.118.313220>
- Choi, T. Y., Ang, L., Ku, B., Jun, J. H., & Lee, M. S. (2021). Evidence map of cupping therapy. *Journal of Clinical Medicine*, 10(8), 1–13. <https://doi.org/10.3390/jcm10081750>
- Erwin Rachman, M., & Nur Rachman, A. (2020). Cupping Therapy for Temporary Reduction of Blood Pressure in Hypertension Patients. *Green Medical Journal*, 2(1), 13–17. <https://doi.org/10.33096/gmj.v2i1.36>
- Fadli, F., & Fatmawati, F. (2021). Wet Cupping Therapy to The Arterial Baroreflex Sensitivity on Hypertensive Elderly. *Jurnal Kesehatan Masyarakat*, 17(1), 102–108. <https://doi.org/10.15294/kemas.v17i1.24802>
- Fauzi Tanjung, Q., & Ishadi, H. (2022). The Medical Perspective of Dry Cupping and Wet Cupping: Effects and mechanisms of action. *Journal of Society Medicine*, 1(1), 31–35. <https://doi.org/10.47353/jsocmed.v1i1.6>
- Grundy, S. M., Becker, D., Clark, L., Cooper, R. S., Denke, M. A., Howard, W. J., Hunninghake, D. B., Illingworth, D. R., Luepker, R. V., McBride, P., McKenney, J. M., Pasternak, R. C., Stine, N. J., & Horn, L. Van. (2002). Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults (Adult Treatment Panel III). In *Lippincott Williams & Wilkins* (Vol. 106, Issue 25). <https://doi.org/https://doi.org/10.1161/circ.106.25.3143>
- Grundy, S. M., Stone, N. J., Bailey, A. L., Beam, C., Birtcher, K. K., Blumenthal, R. S., Braun, L. T., de Ferranti, S., Faiella-Tommasino, J., Forman, D. E., Goldberg, R., Heidenreich, P. A., Hlatky, M. A., Jones, D. W., Lloyd-Jones, D., Lopez-Pajares, N., Ndumele, C. E., Orringer, C. E., Peralta, C. A., ... Yeboah, J. (2019). 2018 Guideline on the Management of Blood Cholesterol: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. In *Journal of the American College of Cardiology* (Vol. 73, Issue 24).

<https://doi.org/10.1016/j.jacc.2018.11.003>

Hapipah, Zulhan, M. I., & Nadrati, B. (2022). *Wet Cupping Therapy to Reduce Total Cholesterol Levels in People with Diabetes*. 15, 46–51.

Hariadini, A. L., Sidharta, B., Ebtavanny, T. gusti, & Minanga, E. putri. (2020). Hubungan Tingkat Pengetahuan Dan Ketepatan Penggunaan Obat Simvastatin Pada Pasien Hiperkolesterolemia Di Apotek Kota Malang. *Pharmaceutical Journal of Indonesia*, 005(02), 91–96. <https://doi.org/10.21776/ub.pji.2020.005.02.4>

Isnaniar, Norlita, W., & Wiradinata, D. I. (2020). Pengaruh Terapi Bekam Terhadap Kadar Kolesterol Pasien Hiperkolesterolemia Di Thibbun Nabawi Centre RSIA Zainab Pekanbaru Tahun 2019. *Photon: Jurnal Sain Dan Kesehatan*, 10(2), 1–12. <https://doi.org/10.37859/jp.v10i2.1869>

Kaya, A., Tasdemir, L., & Cayir, Y. (2022). Cupping Therapy and Scientific Basics. *International Journal of Traditional and Complementary Medicine Research*, 3(3), 197–200. <https://doi.org/10.53811/ijtcmr.1147126>

Kemkes. (2019). *Buku pedoman manajemen penyakit tidak menular*. 2.

Kementerian Kesehatan RI. (2018). Laporan Nasional RISKESDAS 2018. In *Sekretariat Badan Litbang Kesehatan, Kementerian Kesehatan RI* (Vol. 44, Issue 8). [https://kesmas.kemkes.go.id/assets/upload/dir\\_519d41d8cd98f00/files/Hasil-riskesdas-2018\\_1274.pdf](https://kesmas.kemkes.go.id/assets/upload/dir_519d41d8cd98f00/files/Hasil-riskesdas-2018_1274.pdf)

Khairiyah, U., Yuswar, M. A., & Purwanti, N. U. (2022). Pola Penggunaan Obat Antihipertensi Pada Pasien Hipertensi di Instalasi Rawat Jalan Rumah Sakit. *Jurnal Syifa Sciences and Clinical Reasearch (JSSCR)*, 4, 609–617.

Khalisah, K., Mardiaty, N., Setia, L., & Saidillah, S. (2022). Perbedaan Penurunan Tekanan Darah Pasien Hipertensi Yang Diberikan Terapi Amlodipin Pada Pagi Hari Dan Malam Hari Di Puskesmas Bayanan Kabupaten Hulu Sungai Selatan. *Jurnal Insan Farmasi Indonesia*, 5(2), 219–229. <https://doi.org/10.36387/jifi.v5i2.1012>

Kharisna, D., Anggraini, W., Devita, Y., Arfina, A., Saputra, R., & Febtrina, R. (2022). Effect of wet cupping therapy on blood pressure in hypertensive patient. *Riset Informasi Kesehatan*, 11(2), 128. <https://doi.org/10.30644/rik.v11i2.718>

Larasati, T. A., & Wicaksono, T. D. (2016). Mekanisme Bekam sebagai Terapi Alternatif dalam Menurunkan Hipertensi. *Majority*, 5(2), 112–119. <http://juke.kedokteran.unila.ac.id/index.php/majority/article/view/1086/926>

Lee, J. H., Kim, K. Il, & Cho, M. C. (2019). Current status and therapeutic

- considerations of hypertension in the elderly. *Korean Journal of Internal Medicine*, 34(4), 687–695. <https://doi.org/10.3904/kjim.2019.196>
- Lu, S., Du, S., Fish, A., Tang, C., Lou, Q., & Zhang, X. (2019). Wet cupping for hypertension: a systematic review and meta-analysis. *Clinical and Experimental Hypertension*, 41(5), 474–480. <https://doi.org/10.1080/10641963.2018.1510939>
- Mahwal, I., Untari, E. K., & Nurmainah, N. (2022). Perbandingan Statin Terhadap Kejadian Efek Samping Terkait Myalgia. *Jurnal Sains Dan Kesehatan*, 4(2), 147–154. <https://doi.org/10.25026/jsk.v4i2.906>
- Maryati, H. (2017). Hubungan Kadar Kolesterol dengan Tekanan Darah Penderita Hipertensi Di Dusun Sidomulyo Desa Rejoagung Kecamatan Ploso Kabupaten Jombang. *Jurnal Keperawatan*, 8(2), 128–137. <http://ejournal.umm.ac.id/index.php/keperawatan/issue/view>
- Moreno, H. (2022). Pseudo and resistant hypertension: A chaotic perspective. *Journal of Clinical Hypertension*, 24(6), 698–703. <https://doi.org/10.1111/jch.14486>
- Mraisel, A. C., Nama, M. A., & Habeeb, A. A. (2020). Effect of cupping (Al-hijima) on hematological and biochemical parameters for some volunteers in Missan province. *Indian Journal of Forensic Medicine and Toxicology*, 14(3), 1489–1494. <https://doi.org/10.37506/ijfmt.v14i3.10624>
- Nuridah, N., & Yodang, Y. (2021). Pengaruh Terapi Bekam terhadap Tekanan Darah pada Penderita Hipertensi: Studi Quasy Eksperimental. *Jurnal Kesehatan Vokasional*, 6(1), 53. <https://doi.org/10.22146/jkesvo.62909>
- Parveen, F. S., Siddiqui, M., Qaumri, M., Ahmed, K., & Alam, M. A. (2017). Concept and Management of Hypertension: A review. *International Journal of Unani and Integrative Medicine*, 1(1), 17–20. <https://www.unanijournal.com/articles/5/1-1-5-249.pdf>
- Perhimpunan Dokter Hipertensi Indonesia (PERHI). (2019). Konsensus Penatalaksanaan Hipertensi 2019. In *Indonesian Society Hipertensi Indonesia*.
- Rahman, H. S., Ahmad, G. A. L. I., Mustapha, B., & Getta, H. (2020). Terapi Bekam Basah Meredakan Sakit Kepala , Nyeri Dada , dan Nyeri Otot pada Pasien Hiperlipidemia , Diabetes , dan Tekanan Darah Tinggi : Uji Klinis Terkontrol. 14, 941–945.
- Rahman, H. S., Ahmad, G. A., Mustapha, B., Al-Rawi, H. A., Hussein, R. H., Amin, K., Othman, H. H., & Abdullah, R. (2020). Wet cupping therapy ameliorates pain in patients with hyperlipidemia, hypertension, and diabetes: A controlled clinical study. *International Journal of Surgery Open*, 26, 10–15.

<https://doi.org/10.1016/j.ijso.2020.07.003>

- Senthilkumar, A., Karuvantevida, N., Rastrelli, L., Kurup, S. S., & Cheruth, A. J. (2018). Traditional uses, pharmacological efficacy, and phytochemistry of *Moringa peregrina* (Forssk.) Fiori. -A review. *Frontiers in Pharmacology*, 9(MAY), 1–17. <https://doi.org/10.3389/fphar.2018.00465>
- Soliman, G. A. (2018). Dietary cholesterol and the lack of evidence in cardiovascular disease. *Nutrients*, 10(6). <https://doi.org/10.3390/nu10060780>
- Spence, J. D. (2018). Controlling resistant hypertension. *Stroke and Vascular Neurology*, 3(2), 69–75. <https://doi.org/10.1136/svn-2017-000138>
- Stiyasih, V., Mumpuni Yuniarsih, S., & Indriono, A. (2022). Effectiveness of Cup Therapy on Reducing Blood Pressure in Hypertension Patients: a Literature Review. *Scientific Proceedings of Islamic and Complementary Medicine*, 1(1), 139–148. <https://doi.org/10.55116/spicm.v1i1.18>
- Suci, L., & Adnan, N. (2020). Hubungan Kadar Kolesterol Tinggi (Hiperkolesterol) Dengan Kejadian Hipertensi Derajat 1 Pada Pekerja di Bandara Soekarno Hatta Tahun 2017. *Promotif: Jurnal Kesehatan Masyarakat*, 10(2), 97–104. <https://doi.org/10.56338/pjkm.v10i2.1365>
- Sultan, M. Q. (2021). A correlation between wet cupping therapy treatment and serum lipids profile levels in Thi-Qar governorate –Iraq. *Annals of the Romanian Society for Cell Biology*, 25(2), 2238–2242.
- Sungkawa, H. B., & Wahdaniah. (2019). Penurunan Kadar Kolesterol Total Dan Trigliserida Dengan Teknik Bekam Pada Penderita Hiperkolesterolemia. *Meditory: The Journal of Medical Laboratory*, 7(1), 1–6. <https://doi.org/10.33992/m.v7i1.460>
- Sutriyono, S., Robbina, M. R., & Ndi, M. Z. (2019a). The Effects of Wet Cupping Therapy in Blood Pressure, Glucose, Uric Acid and Total Cholesterol Levels. *Biology, Medicine, & Natural Product Chemistry*, 8(2), 33–36. <https://doi.org/10.14421/biomedich.2019.82.33-36>
- Sutriyono, S., Robbina, M. R., & Ndi, M. Z. (2019b). The Effects of Wet Cupping Therapy in Blood Pressure, Glucose, Uric Acid and Total Cholesterol Levels. *Biology, Medicine, & Natural Product Chemistry*, 8(2), 33–36. <https://doi.org/10.14421/biomedich.2019.82.33-36>
- Syahirah, S., & Airlangga, E. (2021). *PENGARUH TERAPI BEKAM TERHADAP KADAR ASAM URAT PADA PASIEN DI KLINIK SEHAT DR. ABDURRAHMAN MEDAN TAHUN 2020*. 5(4), 32–41.
- Syahruramdhani, S., Yuniarti, F. A., Septiana, T. E., & Mustikasari, E. (2021). The effect of wet cupping therapy on blood pressure and total cholesterol on

healthy young male adults. *Open Access Macedonian Journal of Medical Sciences*, 9, 172–176. <https://doi.org/10.3889/oamjms.2021.5854>

Tambunan, F. F., Nurmayni, Rahayu, P. R., Sari, P., & Sari, S. I. (2021). *Hipertensi Si Pembunuh Senyap* (R. A. Harahap (ed.); Desember 2). CV. Pusdikra Mitra Jaya. [http://repository.uinsu.ac.id/13523/1/BUKU\\_SAKU\\_HIPERTENSI%28PBL\\_2021%29.pdf](http://repository.uinsu.ac.id/13523/1/BUKU_SAKU_HIPERTENSI%28PBL_2021%29.pdf)

Trisnawati, E., & Jenie, I. M. (2019). Terapi Komplementer Terhadap Tekanan Darah Pada Penderita Hipertensi: A Literatur Review. *Jurnal Keperawatan Respati Yogyakarta*, 6(3), 641. <https://doi.org/10.35842/jkry.v6i3.370>

Unger, T., Borghi, C., Charchar, F., Khan, N. A., Poulter, N. R., Prabhakaran, D., Ramirez, A., Schlaich, M., Stergiou, G. S., Tomaszewski, M., Wainford, R. D., Williams, B., & Schutte, A. E. (2020). 2020 International Society of Hypertension Global Hypertension Practice Guidelines. *Hypertension*, 75(6), 1334–1357. <https://doi.org/10.1161/HYPERTENSIONAHA.120.15026>

Veerappan, R., & Malarvili, T. (2019). Chrysin Pretreatment Improves Angiotensin System, cGMP Concentration in L-NAME Induced Hypertensive Rats. *Indian Journal of Clinical Biochemistry*, 34(3), 288–295. <https://doi.org/10.1007/s12291-018-0761-y>

Wahyuni, & Endah, S. (2019). Pengaruh Paparan Sinar Matahari Terhadap Penurunan Tekanan Darah Pada Pasien Hipertensi Di Desa Paringan Kecamatan Jenangan Kabupaten Ponorogo. In *Universitas Mushammadiyah Ponorogo*. [http://eprints.umpo.ac.id/5437/3/Bab\\_2.pdf](http://eprints.umpo.ac.id/5437/3/Bab_2.pdf)

WHO. (2020). The Top 10 Causes of Death. *WHO's Global Health Estimates*. <https://www.who.int/news-room/fact-sheets/detail/the-top-10-causes-of-death>

WHO. (2021a). *Guideline For The Pharmacological Treatment Of Hypertension In Adults*. Geneva. <https://apps.who.int/iris/bitstream/handle/10665/344424/9789240033986-eng.pdf>

WHO. (2021b). *Virtual meeting, 1-2 March 2021*: (Issue March).

Widada, W., Ontoseno, T., & Purwanto, B. (2019). Pengaruh Terapi Bekam Basah Dalam Menurunkan Apolipoprotein-B Pada Penderita Hiperkolesterolemia. 53–58. <https://doi.org/10.32528/psn.v0i0.1730>

Widada, W., Ontoseno, T., Purwanto, B., Suhartati, Subadi, I., Notobroto, H. B., & Ahsan. (2020). The effect of the blood cupping therapy on high density lipoprotein (HDL) and low density lipoprotein (LDL) in hypercholesterol patients. *Indian Journal of Forensic Medicine and Toxicology*, 14(4), 3556–

3562. <https://doi.org/10.37506/ijfmt.v14i4.12179>

Yonata, A., & Pratama, A. S. P. (2016). Hipertensi sebagai Faktor Pencetus Terjadinya Stroke. *Jurnal Majority*, 5(3), 17–21. <http://juke.kedokteran.unila.ac.id/index.php/majority/article/view/1030>

