

ABSTRAK

ANALISIS CARING PEMBIMBING KLINIK TERHADAP ADAPTASI MAHASISWA PRAKTEK DI RUMAH SAKIT TK IV DKT KOTA KEDIRI

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Latar Belakang : Kurangnya *caring* yang terjadi antara pembimbing klinik dan mahasiswa praktek menimbulkan mahasiswa merasa tidak diperhatikan bahkan tidak ada sikap membantu dan memberi dukungan menyebabkan mahasiswa merasa enggan dalam menjalani praktek. Tujuan penelitian ini adalah mengetahui pengaruh caring pembimbing klinik terhadap adaptasi mahasiswa praktek di Rumah Sakit TK IV DKT Kediri.

Metode : Desain penelitian ini adalah *korelasional* dengan pendekatan *cross sectional*. Responden diambil dengan teknik *total sampling* dengan sampel sebanyak 25 orang. Variabel independen adalah caring pembimbing klinik dan variabel dependen adalah adaptasi mahasiswa praktek. Hasil uji statistik menggunakan *regresi ordinal*.

Hasil : Hasil penelitian menunjukkan bahwa caring pembimbing klinik diketahui hampir setengah dari responden sebanyak 10 (40.0%) dalam kategori baik. Adaptasi mahasiswa praktek diketahui sebagian besar responden sebanyak 14 (56.0%) dalam kategori baik.

Analisis : Hasil analisa data menunjukkan bahwa tingkat signifikansi $0,000 < \alpha = 0,05$ sehingga H_0 ditolak dan H_1 diterima dengan demikian ada pengaruh caring pembimbing klinik terhadap adaptasi mahasiswa praktek. Hasil *Pseudo R-Square* pada nilai Nagelkerke sebesar 0,635 atau 63,5%.

Kesimpulan : Berdasarkan hasil penelitian maka dapat disimpulkan bahwa ada pengaruh caring pembimbing klinik terhadap adaptasi mahasiswa praktek. Pembimbing klinik yang berperilaku *caring* maka akan meningkatkan perasaan positif pada mahasiswa sehingga dapat beradaptasi selama praktek klinik. Disarankan agar pembimbing klinik tidak hanya berperan sebagai pendidik, tetapi diharapkan dapat mendampingi dan bersosialisasi dengan peran barunya serta dapat mengetahui kebutuhan belajar mahasiswa

Kata Kunci : Adaptasi, Caring, Mahasiswa Praktek, Pembimbing Klinik

ABSTRACT

ANALYSIS OF CLINICAL GUIDANCE CARING TOWARDS STUDENTS' ADAPTATION TO PRACTICE IN CLASS IV HOSPITAL DKT KEDIRI CITY

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Introduction : Lack of caring between clinical supervisors and students in practice causes students to feel neglected and even no attitude of helping and giving support causes students to feel reluctant to undergo practice. The purpose of this study was to determine the effect of caring of clinical supervisors on the adaptation of students in practice at the Class IV DKT Hospital in Kediri.

Method : The design of this study is correlational with a cross-sectional approach. Respondents were taken using a total sampling technique with a sample of 25 people. The independent variable is caring clinical supervisors and the dependent variable is student practice adaptation. The results of statistical tests using ordinal regression.

Results : The results of the study showed that caring of clinical supervisors was known to be almost half of the respondents, as many as 10 (40.0%) in the good category. Adaptation of student practice was known to be mostly by respondents, as many as 14 (56.0%) in the good category.

Analysis : The results of data analysis showed that the level of significance was $0.000 < \alpha = 0.05$ so that H_0 was rejected and H_1 was accepted, thus there was an effect of caring of clinical supervisors on adaptation of students in practice. The Pseudo R-Square result at the Nagelkerke value is 0.635 or 63.5%.

Discussion : Based on the results of the study, it can be concluded that there is an influence of caring clinical supervisors on the adaptation of student practice. Clinical supervisors who behave caringly will increase positive feelings in students so that they can adapt during clinical practice. It is recommended that clinical supervisors not only act as educators, but are expected to be able to accompany and socialize with their new roles and be able to identify students' learning needs.

Keywords : Adaptation, Caring, Student Practice, Clinical Supervisors