

ABSTRAK

EFEKTIVITAS PENYULUHAN DAN VIDEO EDUKASI TERHADAP PENGETAHUAN DAN SIKAP REMAJA TENTANG PERNIKAHAN DINI DI SMP PLUS ASY-SYUKUR KANIGORO

Oleh: Marits Maqsyalina

Pernikahan dini pada umumnya banyak menimbulkan masalah baik secara fisik maupun mental terlebih dengan sosial ekonomi. Menurut Dinas Pemberdayaan Perempuan, Perlindungan Anak, Pengendalian Penduduk dan Keluarga Berencana Kabupaten Blitar sepanjang tahun 2022, terdapat 168 pengajuan permohonan dispensasi pernikahan di Kabupaten Blitar sedangkan untuk 2023 terdata hingga Mei 2023 terdapat 108 data permohonan. Tujuan penelitian ini yaitu untuk mengetahui efektivitas penyuluhan dan video edukasi terhadap pengetahuan dan sikap pernikahan dini pada remaja.

Desain penelitian ini adalah *Pre-Experimental Designs*, jenis penelitian ini mengkombinasikan *Pretest* dan *Posttest Study* dengan jumlah sampel sebanyak 40 responden. Analisis data menggunakan uji *Paired Sampel T Test*.

Hasil penelitian ini terdapat perbedaan signifikan rerata hasil pengetahuan pernikahan dini pada remaja antara sebelum dan sesudah pemberian penyuluhan dan video edukasi dengan nilai t Hitung 4,995 dan $p\text{-value} = 0,000 (<0,05)$. Dan terdapat perbedaan signifikan rerata hasil sikap pernikahan dini pada remaja antara sebelum dan sesudah pemberian penyuluhan dan video edukasi dengan nilai t Hitung 6,019 dan $p\text{-value} = 0,000 (<0,05)$, artinya terdapat perbedaan pengetahuan dan sikap pernikahan dini sebelum dan sesudah intervensi penyuluhan dan video edukasi pada remaja di SMP Plus Asy-Syukur.

Pentingnya mempelajari mengenai dampak pernikahan dini pada remaja, sehingga remaja dapat mencapai pengertian dan memahami tentang dirinya sendiri dalam hubungan dengan masalah yang dihadapi nanti, khususnya masalah pernikahan dini.

Kata Kunci: Pernikahan dini, Pengetahuan, Sikap.

ABSTRACT

THE EFFECTIVENESS OF HEALTH EDUCATION AND EDUCATIONAL VIDEOS ON THE KNOWLEDGE AND ATTITUDES OF ADOLESCENTS ABOUT EARLY MARRIAGE IN ASY-SYUKUR JUNIOR HIGH SCHOOL PLUS

By: Marits Maqsyalina

Early marriage generally causes many problems both physically and mentally, especially with socio-economics. According to the Office of Women's Empowerment, Child Protection, Population Control and Family Planning of Blitar Regency throughout 2022, there were 168 applications for marriage dispensation in Blitar Regency, while for 2023 recorded until May 2023 there were 108 application data. The purpose of this study was to determine the effectiveness of counselling and educational videos on the knowledge and attitudes of early marriage in adolescents. This research design is Pre-Experimental Designs, this type of research combines Pretest and Posttest Study with a sample size of 40 respondents. Data analysis using Paired Sample T Test.

The results of this study there is a significant difference in the average results of knowledge of early marriage in adolescents between before and after the provision of health education and educational videos with a value of r Count 4.995 and p -value = 0.000 (<0.05). And there is a significant difference in the average results of early marriage attitudes in adolescents between before and after the provision of health education and educational videos with a value of r Count 6.019 and p -value = 0.000 (<0.05), meaning that there are differences in knowledge and attitudes of early marriage before and after the intervention of health education and educational videos on adolescents at Asy-Syukur Junior High School Plus.

It is important to learn about the impact of early marriage on adolescents, so that adolescents can achieve understanding and understand about themselves in relation to the problems they face later, especially the problem of early marriage.

Keywords: Early marriage, Knowledge, Attitude.