

ABSTRAK

Pengaruh Metode Edukasi Video Mobilisasi Dini Terhadap Motivasi Pasien Pada Ibu Post Sectio Caesarea Hari Pertama Di Rumah Sakit Permata Hati Way Jepara Lampung Timur

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Latar Belakang : Mobilisasi dini post SC sangat penting dilakukan untuk mempercepat proses pemulihan ibu setelah operasi caesar. Salah satu cara untuk meningkatkan pemahaman dan motivasi ibu didalam melakukan mobilisasi dini adalah dengan pemberian informasi melalui video. Tujuan penelitian ini untuk mengetahui pengaruh metode edukasi video mobilisasi dini post SC terhadap motivasi pasien sebelum dan sesudah diberi edukasi di Rumah Sakit Permata Hati Way Jepara.

Metode : Penelitian ini bersifat kuantitatif dengan desain one group pre-post test. Pengumpulan data dengan kuesioner untuk menilai tingkat motivasi sebelum dan sesudah diberi edukasi menggunakan video tentang mobilisasi dini post SC. Jumlah responden sebanyak 45 responden dengan teknik total sampling. Data yang diperoleh diolah secara statistik menggunakan uji wilcoxon.

Hasil dan Analisis: Hasil penelitian menunjukkan tingkat motivasi responden sebelum diberi edukasi dengan metode video sebanyak 23 responden (51,1%) memiliki motivasi tinggi dan 22 responden (48,8%) memiliki motivasi rendah. Setelah responden diberi edukasi, jumlah responden yang memiliki motivasi tinggi mengalami peningkatan, sebanyak 39 responden (86,6%) memiliki motivasi tinggi dan 6 responden (13,3%) memiliki motivasi rendah. Nilai P pada uji wilcoxon antara motivasi sebelum dan sesudah diberi intervensi yaitu 0,001 ($< 0,05$) yang berarti terdapat pengaruh edukasi menggunakan metode video terhadap motivasi pasien dalam melakukan mobilisasi dini post SC.

Kesimpulan: Ada pengaruh metode edukasi video mobilisasi dini post SC terhadap motivasi pasien sebelum dan sesudah di beri edukasi video di RS Permata Hati Way Jepara.

Kata kunci : Edukasi Video, Motivasi, Mobilisasi dini, Post Sectio Caesarea

ABSTRACT

The Effect Of Early Mobilization Video Education Methods On Patient Motivation In Mothers Post Sectio Caesarea On The First Day At Permata Hati Way Jepara Hospital, East Lampung

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Background: Early post-SC mobilization is very important to speed up the mother's recovery process after a cesarean section. One way to increase mothers' understanding and motivation in carrying out early mobilization is by providing information through videos. The aim of this research was to determine the effect of the post SC early mobilization video education method on patient motivation before and after being given education at Permata Hati Way Jepara Hospital.

Method: This research is quantitative with a one group pre-post test design. Data were collected using a questionnaire to assess the level of motivation before and after being given education using a video about early post-SC mobilization. The number of respondents was 45 respondents using total sampling technique. The data obtained was processed statistically using the Wilcoxon test.

Results and Analysis: The research results show that the level of motivation of respondents before being given education using the video method was that 23 respondents (51.1%) had high motivation and 22 respondents (48.8%) had low motivation. After respondents were given education, the number of respondents who had high motivation increased, as many as 39 respondents (86.6%) had high motivation and 6 respondents (13.3%) had low motivation. The P value in the Wilcoxon test between motivation before and after being given the intervention is 0.001 (< 0.05), which means that there is an influence of education using the video method on patient motivation in carrying out early post-SC mobilization.

Conclusion: There is an influence of the post SC early mobilization video education method on patient motivation before and after being given video education at Permata Hati Way Jepara Hospital.

Keywords: Video Education, Motivation, Early Mobilization, Post Sectio Caesarea