

ANALISIS DUKUNGAN SUAMI TERHADAP MOTIVASI IBU MENYUSUI DALAM PEMBERIAN ASI EKSKLUSIF DI RSUD KETAPANG SAMPANG MADURA

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ABSTRAK

Latar belakang : Cakupan ASI eksklusif di Indonesia masih rendah, hanya 32% bayi usia enam bulan yang menerima ASI eksklusif (Kemenkes RI, 2018). Dukungan suami berperan penting dalam meningkatkan motivasi ibu menyusui.

Metode : Penelitian ini merupakan penelitian non-eksperimental dengan pendekatan Cross Sectional. Populasi dalam penelitian ini sebanyak 32 responden. Sampel sebanyak 30 responden yang memenuhi kriteria inklusi dipilih menggunakan Purposive Sampling. Variabel independen adalah dukungan suami, sedangkan variabel dependen adalah motivasi ibu menyusui. Analisis data menggunakan uji statistik T-Test.

Hasil : Berdasarkan hasil penelitian ini menunjukkan bahwa sebanyak 23 responden (76,7%) mendapat dukungan suami dan sebanyak 25 responden (83,3%) memiliki motivasi tinggi untuk memberikan ASI eksklusif.

Analisis : Berdasarkan hasil penelitian ini nilai p value $0,527 > 0,000$, maka H_0 di terima H_1 ditolak artinya disimpulkan tidak terdapat perbedaan yang signifikan antara dukungan suami dan motivasi ibu menyusui di RSUD Ketapang Sampang Madura.

Kesimpulan : tidak terdapat hubungan antara dukungan suami dan motivasi ibu menyusui di RSUD Ketapang Sampang Madura

Kata Kunci: ASI, Dukungan Suami, *Motivasi Ibu Menyusui*

**ANALYSIS OF HUSBAND'S SUPPORT TOWARDS MOTIVATION OF
BREASTFEEDING MOTHERS IN PROVIDING EXCLUSIVE
BREASTFEEDING IN KETAPANG SAMPANG
MADURA REGIONAL HOSPITAL**

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ABSTRACT

Introduction: *The coverage of exclusive breastfeeding in Indonesia is still low, only 32% of babies aged six months receive exclusive breastfeeding (Ministry of Health of the Republic of Indonesia, 2018). Husband's support plays an important role in increasing the motivation of breastfeeding mothers.*

Method: *This study is a non-experimental study with a Cross Sectional approach. The population in this study was 32 respondents. A sample of 30 respondents who met the inclusion criteria were selected using Purposive Sampling. The independent variable is husband's support, while the dependent variable is the motivation of breastfeeding mothers. Data analysis used the T-Test statistical test.*

Results: *Based on the results of this study, it shows that 23 respondents (76.7%) received husband's support and 25 respondents (83.3%) had high motivation to provide exclusive breastfeeding.*

Analysis: *Based on the results of this study, the p value is $0.527 > 0.000$, then H_0 is accepted H_1 is rejected, meaning that it is concluded that there is no significant difference between husband's support and motivation of breastfeeding mothers at Ketapang Sampang Madura Hospital.*

Discuss: *There is no relationship between husband's support and motivation of breastfeeding mothers at Ketapang Sampang Madura Regional Hospital..*

Keywords: *Breastfeeding, Husband's Support, Breastfeeding Motivation*