

ABSTRAK**EFEKTIFITAS EDUKASI DENGAN MEDIA LEAFLET TENTANG KESEHATAN REPRODUKSI TERHADAP SIKAP DAN MOTIVASI REMAJA TENTANG KESEHATAN SEKSUAL DI SMAN 2 KELAS XI SERUYAN HILIR TIMUR KABUPATEN SERUYAN KALIMANTAN TENGAH****Oleh:
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Pentingnya pendidikan kesehatan reproduksi bagi remaja telah menjadi perhatian global, terutama dalam upaya meningkatkan sikap dan perilaku yang positif terhadap kesehatan seksual. Tujuan penelitian ini untuk menganalisis efektifitas edukasi dengan media leaflet tentang kesehatan reproduksi terhadap sikap dan motivasi remaja tentang kesehatan seksual di SMAN 2 Seruyan Hilir Timur Kabupaten Seruyan Kalimantan Tengah. Desain penelitian ini adalah penelitian kuantitatif pra eksperimental dengan rancangan *one group pre test and pos test design* dengan fokus penelitiannya diarahkan untuk akan menganalisis efektifitas edukasi dengan media leaflet tentang kesehatan reproduksi terhadap sikap dan motivasi remaja tentang kesehatan seksual di SMAN 2 Seruyan Hilir Timur Kabupaten Seruyan Kalimantan Tengah. Jumlah populasi sejumlah 63 responden dan sampel sebanyak 47 responden yang diambil dengan teknik *Simple Random Sampling*. Berdasarkan hasil analisis *Wilcoxon* menunjukkan bahwa nilai *p-value* $0,000 < 0,05$ maka H_1 diterima jadi disimpulkan bahwa ada efektifitas edukasi dengan media leaflet tentang kesehatan reproduksi terhadap sikap remaja tentang kesehatan seksual di SMAN 2 Seruyan Hilir Timur Kabupaten Seruyan Kalimantan Tengah. Berdasarkan hasil analisis *Wilcoxon* menunjukkan bahwa nilai *p-value* $0,000 < 0,05$ maka H_1 diterima jadi disimpulkan bahwa ada efektifitas edukasi dengan media leaflet tentang kesehatan reproduksi terhadap motivasi remaja tentang kesehatan seksual di SMAN 2 Seruyan Hilir Timur Kabupaten Seruyan Kalimantan Tengah. Diharapkan responden lebih aktif dalam mencari dan memanfaatkan informasi yang tersedia, termasuk membaca leaflet yang diberikan dengan seksama. Selain itu, remaja diharapkan tidak ragu untuk berdiskusi dengan tenaga kesehatan, guru, atau orang tua mengenai topik kesehatan reproduksi agar mendapatkan pemahaman yang lebih mendalam.

Kata Kunci : Motivasi, Sikap & Reproduksi

ABSTRACT**THE EFFECT OF REPRODUCTIVE HEALTH EDUCATION METHOD ON ADOLESCENTS' ATTITUDES AND MOTIVATION ABOUT SEXUAL HEALTH IN SMAN 2 CLASS XI SERUYAN HILIR TIMUR, SERUYAN REGENCY, CENTRAL KALIMANTAN**

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The importance of reproductive health education for adolescents has become a global concern, especially in an effort to increase positive attitudes and behaviors towards sexual health. The purpose of this study is to analyze the influence of reproductive health education with the leaflet method on adolescents' attitudes and motivations about sexual health in SMAN 2 Seruyan Hilir Timur, Seruyan Regency, Central Kalimantan. The design of this study is a pre-experimental quantitative research with a one group pre test and pos test design with the focus of the research directed to analyze the influence of reproductive health education with the leaflet method on adolescents' attitudes and motivations about sexual health at SMAN 2 Seruyan Hilir Timur, Seruyan Regency, Central Kalimantan. The total population was 63 respondents and a sample of 47 respondents was taken using the Simple Random Sampling technique. Based on the results of Wilcoxon's analysis, it was shown that the p-value of $0.000 < 0.05$ then H_1 was accepted, so it was concluded that there was an influence of reproductive health education with the leaflet method on adolescents' attitudes about sexual health at SMAN 2 Seruyan Hilir Timur, Seruyan Regency, Central Kalimantan. Based on the results of Wilcoxon's analysis, it shows that the p-value of $0.000 < 0.05$ then H_1 is accepted, so it is concluded that there is an effect of reproductive health education with the leaflet method on adolescents' motivation about sexual health at SMAN 2 Seruyan Hilir Timur, Seruyan Regency, Central Kalimantan. It is hoped that respondents will be more active in seeking and utilizing the available information, including reading the leaflets provided carefully. In addition, adolescents are expected not to hesitate to discuss with health workers, teachers, or parents about the topic of reproductive health in order to gain a deeper understanding.

Keywords : Motivation, Attitude & Reproduction