

ABSTRAK

ANALISIS FAKTOR-FAKTOR YANG MEMPENGARUHI MINAT KUNJUNGAN KE POSYANDU LANSIA DI WILAYAH KERJA PUSKESMAS PESANTREN 1

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Latar Belakang : Rendahnya minat kunjungan lansia ke posyandu disebabkan kurangnya ketersediaan sarana dan prasarana, dukungan keluarga, riwayat kesehatan berdampak pada kesehatan lansia tidak terpantau optimal. Tujuan penelitian ini adalah untuk mengetahui faktor-faktor yang mempengaruhi minat kunjungan ke posyandu lansia di Wilayah Kerja Puskesmas Pesantren 1.

Metode : Desain penelitian ini adalah *cross sectional*. Responden diambil dengan teknik *purposive sampling* dengan sampel sebanyak 30 orang yang memenuhi kriteria inklusi. Variabel independen adalah ketersediaan sarana dan prasarana, dukungan keluarga, riwayat kesehatan dan variabel dependen adalah minat kunjungan ke posyandu lansia. Hasil uji statistik menggunakan *chi square*

Hasil : Hasil penelitian menunjukkan bahwa ketersediaan sarana dan prasarana diketahui sebanyak 27 (90.0%) dalam kategori baik, dukungan keluarga diketahui sebanyak 25 (83.3%) dalam kategori baik, riwayat kesehatan diketahui sebanyak 25 (83.3%) dalam kategori tidak ada riwayat, minat kunjungan ke posyandu lansia diketahui sebanyak 26 (86.7%) dalam kategori tinggi.

Analisis : Hasil analisa data menunjukkan bahwa ketersediaan sarana dan prasarana diperoleh nilai p value sebesar ($0,038 < \alpha = 0,05$), dukungan keluarga ($0,009 < \alpha = 0,05$), riwayat kesehatan ($0,000 < \alpha = 0,05$), sehingga H_0 ditolak dan H_1 diterima.

Kesimpulan : Berdasarkan hasil penelitian maka dapat disimpulkan bahwa semakin baik ketersediaan sarana dan prasarana, dukungan keluarga dan tidak ada riwayat kesehatan maka minat lansia akan semakin tinggi dalam kunjungan ke posyandu lansia.

Kata Kunci : Dukungan Keluarga, Ketersediaan Sarana Dan Prasarana, Posyandu Lansia, Riwayat Kesehatan, Minat

ABSTRACT

ANALYSIS OF FACTORS AFFECTING INTEREST IN VISITING THE ELDERLY HEALTH CENTER IN THE WORKING AREA OF THE PESANTREN 1 COMMUNITY HEALTH CENTER

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Introduction : The low interest in visiting health posts among the elderly is due to a lack of facilities and infrastructure, family support, and health history, which results in the health of the elderly not being optimally monitored. The purpose of this study is to identify the factors influencing interest in visiting elderly health posts in the service area of the Pesantren 1 Public Health Center.

Method : This study employs a cross-sectional design. Respondents were selected using purposive sampling, with a sample size of 30 individuals meeting the inclusion criteria. The independent variables were the availability of facilities and infrastructure, family support, and health history, while the dependent variable was the interest in visiting the elderly health post. Statistical analysis was conducted using the chi-square test.

Results : The study results showed that the availability of facilities and infrastructure was rated as good by 27 (90.0%) respondents, family support was found to be good in 25 (83.3%) cases, health history was found to be absent in 25 (83.3%) cases, and interest in visiting the elderly health center was found to be high in 26 (86.7%) cases.

Analysis : The results of data analysis show that the availability of facilities and infrastructure obtained a p value of ($0.038 < \alpha = 0.05$), family support ($0.009 < \alpha = 0.05$), medical history ($0.000 < \alpha = 0.05$), so that H_0 is rejected and H_1 is accepted.

Discussion : Based on the research results, it can be concluded that the better the availability of facilities and infrastructure, family support, and the absence of health history, the higher the elderly's interest in visiting the elderly health center.

Keywords : Family Support, Availability of Facilities and Infrastructure, Elderly Posyandu, Health History, Interest