

ABSTRAK

HUBUNGAN STATUS GIZI IBU HAMIL DAN SOSIAL EKONOMI DENGAN STATUS GIZI BALITA DI PUSTU REWENG KECAMATAN POCO RANAKA TIMUR KABUPATEN MANGGARAI TIMUR TAHUN 2025

Agnes Taruk Allo, Lia Agustin

Universitas STRADA Indonesia

agnestarukallo030193@gmail.com, liaagustin77.la@gmail.com

Masalah gizi balita masih menjadi isu kesehatan masyarakat yang dipengaruhi oleh status gizi ibu hamil dan kondisi sosial ekonomi keluarga. Penelitian ini bertujuan untuk menganalisis hubungan status gizi ibu hamil dan sosial ekonomi dengan status gizi balita di Pustu Reweng Kecamatan Poco Ranaka Timur Kabupaten Manggarai Timur tahun 2025.

Penelitian ini menggunakan desain penelitian *Analtik Observasional* dengan pendekatan *cross sectional*. Dengan teknik *purposive sampling* didapatkan sampel sebanyak 54 responden, variabel independent yaitu status gizi ibu hamil dan sosial ekonomi menggunakan kuesioner dan checklist, variabel dependen status gizi balita menggunakan checklist. Digunakan uji statistic *Chi-Square* untuk mengetahui hubungan kedua variabel.

Hasil penelitian menunjukkan sebagian besar ibu hamil memiliki status gizi normal dan mayoritas keluarga berada pada sosial ekonomi rendah, dengan sebagian besar balita berstatus gizi baik. Uji *Chi-Square* menunjukkan terdapat hubungan signifikan antara status gizi ibu hamil dan status gizi balita ($p\ value=0,002$), sedangkan sosial ekonomi tidak berhubungan signifikan dengan status gizi balita ($p\ value= 0,697$).

Kesimpulan penelitian ini adalah ada hubungan status gizi ibu hamil dengan status gizi balita dan tidak ada hubungan sosial ekonomi dengan status gizi balita di Pustu Reweng Kecamatan Poco Ranaka Timur Kabupaten Manggarai Timur Tahun 2025 . penelitian ini menekankan pentingnya pemantauan dan perbaikan gizi ibu hamil melalui pelayanan antenatal serta intervensi gizi berkelanjutan guna mencegah masalah gizi pada balita sejak dini.

Kata Kunci : Status Gizi Ibu Hamil, Sosial Ekonomi, Status Gizi Balita

ABSTRACT

THE RELATIONSHIP BETWEEN PREGNANT WOMEN'S NUTRITIONAL STATUS AND SOCIOECONOMIC STATUS WITH TODDLER NUTRITIONAL STATUS AT THE REWENG COMMUNITY HEALTH CENTER, EAST POCO RANAKA DISTRICT, EAST MANGGARAI REGENCY, 2025

Agnes Taruk Allo, Lia Agustin

Universitas STRADA Indonesia

agnestarukallo030193@gmail.com, liaagustin77.la@gmail.com

The problem of nutrition for toddlers is still a public health issue influenced by the nutritional status of pregnant women and family socioeconomic conditions. This study aims to analyze the relationship between the nutritional status of pregnant women and socio-economic with the nutritional status of toddlers in Pustu Reweng, East Poco Ranaka District, East Manggarai Regency in 2025.

This study uses *an Observational Analytics* research design with *a cross sectional* approach. With *the purposive sampling technique*, a sample of 54 respondents was obtained, independent variables, namely the nutritional status of pregnant women and socio-economic using questionnaires and checklists, and dependent variables of nutritional status of toddlers using checklists. Chi-Square statistical test was used to determine the relationship between the two variables.

The results showed that most pregnant women have normal nutritional status and the majority of families are in low socioeconomic status, with most of the toddlers having good nutritional status. *The Chi-Square test* showed that there was a significant relationship between the nutritional status of pregnant women and the nutritional status of toddlers ($p 0.002$), while socio-economic was not significantly related to the nutritional status of toddlers ($p 0.697$).

The conclusion of this study is that there is a relationship between the nutritional status of pregnant women and the nutritional status of toddlers and there is no socioeconomic relationship with the nutritional status of toddlers in Pustu Reweng, East Poco Ranaka District, East Manggarai Regency in 2025. This study emphasizes the importance of monitoring and improving the nutrition of pregnant women through antenatal services and sustainable nutrition interventions to prevent nutritional problems in toddlers from an early age.

Keywords: Nutritional Status of Pregnant Women, Socioeconomic, Nutritional Status of Toddlers