

**ABSTRAK**  
**HUBUNGAN SIKAP DAN PERILAKU PEKERJA TERHADAP**  
**KEPATUHAN PENGGUNAAN ALAT PELINDUNG DIRI (APD) PADA**  
**PEKERJA PARUT KELAPA DI PASAR TRADISIONAL SE-**  
**KECAMATAN KOTA KEDIRI**

**Oleh : Restinanda Putri Mulia**

Penelitian ini berjudul "Hubungan Sikap dan Perilaku Pekerja Terhadap Kepatuhan Penggunaan Alat Pelindung Diri (APD) Pada Pekerja Parut Kelapa di Pasar Tradisional Se-Kecamatan Kota Kediri". Penelitian bertujuan untuk mengetahui hubungan antara sikap dan perilaku pekerja dengan kepatuhan dalam penggunaan APD pada pekerja parut kelapa. Desain penelitian menggunakan metode kuantitatif dengan rancangan cross-sectional. Populasi dan sampel dalam penelitian ini adalah seluruh pekerja parut kelapa di pasar tradisional se-Kecamatan Kota Kediri sebanyak 65 orang yang dipilih dengan teknik total sampling. Pengumpulan data dilakukan melalui kuesioner untuk mengukur sikap dan perilaku pekerja serta observasi untuk mengukur kepatuhan penggunaan APD. Analisis data dilakukan menggunakan uji chi-square dengan tingkat signifikansi 0,05. Hasil penelitian menunjukkan bahwa 73,2% pekerja memiliki sikap positif, 53,6% memiliki perilaku baik, namun hanya 44,6% yang patuh menggunakan APD. Uji chi-square menunjukkan bahwa terdapat hubungan signifikan antara sikap pekerja dengan kepatuhan penggunaan APD ( $p=0,004$ ), serta antara perilaku pekerja dengan kepatuhan penggunaan APD ( $p=0,040$ ). Faktor kenyamanan, ketersediaan APD, serta pengaruh lingkungan kerja merupakan faktor yang memengaruhi kepatuhan pekerja. Kesimpulan penelitian ini adalah bahwa sikap dan perilaku pekerja berhubungan secara signifikan dengan kepatuhan penggunaan APD pada pekerja parut kelapa di Pasar Tradisional se-Kecamatan Kota Kediri. Disarankan agar pengelola pasar dan instansi terkait menyediakan APD yang memadai serta melakukan edukasi untuk meningkatkan sikap dan perilaku pekerja dalam penggunaan APD guna meningkatkan keselamatan kerja.

**Kata Kunci:** Sikap pekerja, Perilaku pekerja, Kepatuhan APD, Pasar tradisional

## **ABSTRACT**

### **THE RELATIONSHIP BETWEEN WORKERS' ATTITUDES AND BEHAVIOR TOWARDS COMPLIANCE WITH THE USE OF PERSONAL PROTECTIVE EQUIPMENT (PPE) ON COCONUT GRATED WORKERS IN TRADITIONAL MARKETS IN THE CITY OF KEDIRI**

**by : Restinanda Putri Mulia**

*This study is entitled “The Relationship between Workers' Attitudes and Behavior towards Compliance with the Use of Personal Protective Equipment (PPE) in Coconut Grating Workers in Traditional Markets in Kediri City District”. The study aims to determine the relationship between attitudes and behavior of workers with compliance in the use of PPE in coconut grating workers. The research design uses quantitative methods with a cross-sectional design. The population and sample in this study were all coconut grating workers in traditional markets in Kediri City District as many as 65 people selected by total sampling technique. Data were collected through questionnaires to measure workers' attitudes and behaviors and observations to measure compliance with the use of PPE. Data analysis was performed using the chi-square test with a significance level of 0.05. The results showed that 73.2% of workers had a positive attitude, 53.6% had good behavior, but only 44.6% of workers were compliant in using PPE. The chi-square test showed that there was a significant relationship between workers' attitudes and compliance with PPE use ( $p=0.008$ ), as well as between workers' behavior and compliance with PPE use ( $p=0.021$ ). Comfort factors, availability of PPE, and the influence of the work environment are factors that influence worker compliance. The conclusion of this study is that workers' attitudes and behaviors are significantly related to compliance with the use of PPE in coconut grating workers in Traditional Markets throughout Kediri City. It is recommended that market managers and related agencies provide adequate PPE and conduct education to improve workers' attitudes and behaviors in the use of PPE to improve work safety.*

**Keywords:** *Work attitude, Work behavior, PPE compliance, Traditional markets*