

ABSTRAK

PENGARUH PERMAINAN TRADISIONAL LOMPAT TALI DAN GOBAK SODOR TERHADAP PERKEMBANGAN PERILAKU SOSIAL ANAK DI SDN REMBANGKEPUH NGADILUWIH

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Interaksi sosial yang baik dengan orang lain akan berdampak baik terhadap perilaku emosinya. Salah satu cara untuk melatih interaksi sosial anak adalah dengan permainan tradisional sederhana, yaitu permainan gobak sodor dan lompat tali. Tujuan penelitian ini adalah menganalisa pengaruh permainan gobak sodor dan lompat tali terhadap perkembangan perilaku sosial pada anak.

Penelitian ini menggunakan jenis penelitian kuantitatif *pre eksperimen one-group pretest-posttest desing*. Populasi penelitian adalah siswa kelas 4 dan 5 SDN Rembangkepuh Ngadiluwih berjumlah 80 siswa dengan sampel 66 responden yang ditentukan dengan teknik *random sampling*. Variabel independennya gobak sodor dan lompat tali serta variabel dependennya perkembangan perilaku sosial. pengumpulan data menggunakan kuesioner dan dianalisis menggunakan uji *wilcoxon*.

Hasil penelitian diketahui perilaku sosial anak sebelum diberikan permainan lompat tali dan gobak sodor kategori cukup sebanyak 36 siswa (55%), kategori kurang sebanyak 16 siswa (24%) dan kategori baik sebanyak 14 siswa (21%). Perilaku sosial anak sesudah diberikan permainan kategori baik sebanyak 38 siswa (58%), kategori cukup sebanyak 25 siswa (38%) dan kategori kurang sebanyak 3 siswa (5%). Sedangkan hasil uji analisis data diketahui nilai signifikansi 0,000 lebih kecil dari 0,05 artinya ada pengaruh permainan tradisional lompat tali dan gobak sodor terhadap perkembangan perilaku sosial anak di SDN Rembangkepuh Ngadiluwih. Perilaku sosial yang ditunjukkan anak cerminan dari pengaruh perlakuan dan pembentukan lingkungan di sekitarnya baik lingkungan tempat tinggal, keluarga, sekolah, maupun masyarakat. Setelah diberikan permainan gobak sodor dan lompat tali selama 3 kali berturut perilaku sosial anak mengalami peningkatan.

Kata Kunci: gobak sodor, lompat tali, perilaku sosial

ABSTRACT

THE INFLUENCE OF THE TRADITIONAL GAMES OF JUMP ROPE AND GOBAK SODOR ON THE DEVELOPMENT OF CHILDREN'S SOCIAL BEHAVIOR AT SDN REMBANGKEPUH NGADILUWIH

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Good social interaction with other people will have a good impact on emotional behavior. One way to train children's social interaction is with simple traditional games, namely gobak sodor and jumping rope. The aim of this research is to analyze the influence of the game Gobak Sodor and jump rope on the development of social behavior in children.

This research uses a type of quantitative research, pre-experiment, one-group pretest-posttest design. The research population was 80 students in grades 4 and 5 of SDN Rembangkepuh Ngadiluwih with a sample of 66 respondents determined using random sampling techniques. The independent variables are gobak sodor and rope jumping and the dependent variable is the development of social behavior. Data were collected using a questionnaire and analyzed using the Wilcoxon test.

The results of the research showed that children's social behavior before being given the jump rope and gobak sodor games was in the adequate category as many as 36 students (55%), in the poor category as many as 16 students (24%) and in the good category as many as 14 students (21%). Afterward, children's social behavior was given games in the good category as many as 38 students (58%), in the adequate category as many as 25 students (38%) and in the poor category as many as 3 students (5%). Meanwhile, the results of the data analysis test show that the significance value of 0.000 is smaller than 0.05, meaning that there is an influence of the traditional games of jumping rope and gobak sodor on the development of children's social behavior at SDN Rembangkepuh Ngadiluwih. The social behavior shown by children is a reflection of the influence of treatment and the formation of the environment around them, including the environment in which they live, family, school and society. After being given the gobak sodor and jump rope games 3 times in a row, the child's social behavior improved.

Keywords: gobak sodor, jumping rope, social behavior