

ABSTRAK

ANALISIS FAKTOR YANG BERHUBUNGAN DENGAN KEPATUHAN PENGUNAAN MASKER PADA PASIEN TB PARU DI POLI PARU RUMAH SAKIT ERA MEDIKA

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TB Paru adalah penyakit menular yang disebabkan oleh kuman *Mycobacterium Tuberculosis* Mar'iyah & Zulkarnain (2021). Penularan TB Paru dapat dicegah dengan menutup mulut pada saat batuk atau bersin dengan menggunakan masker. Tujuan penelitian ini mengetahui faktor yang berhubungan dengan kepatuhan penggunaan masker pasien TB Paru di Poli Paru RS Era Medika. Desain penelitian cross sectional. Penelitian ini dilakukan dengan observasi langsung dan mengumpulkan data pasien TB Paru di Poli Paru RS Era Medika secara bersamaan. Populasi penelitian ini seluruh pasien Poli Paru RS Era Medika. Sampel yang digunakan adalah sebagian pasien Poli Paru RS Era Medika yang terdiagnosa TB Paru sebanyak 75 pasien menggunakan teknik Accidental Sampling. Variabel independen penelitian ini sikap pasien, motivasi pasien, persepsi pasien, dan ketersediaan masker. Variabel dependen penelitian ini kepatuhan penggunaan masker. Penelitian menggunakan lembar kuesioner. Analisis data menggunakan analisis univariat dan analisis bivariat. Hasil penelitian menjelaskan bahwa terdapat hubungan antara sikap dengan kepatuhan penggunaan masker (p -value 0,000) frekuensi responden sikap positif 53 responden (69,3%) dan responden patuh menggunakan masker 50 responden (66,7%). Tidak terdapat hubungan antara motivasi pasien dengan kepatuhan penggunaan masker (p -value 0,477) dimana frekuensi motivasi pasien tinggi 74 responden (98,7%). Terdapat hubungan antara persepsi pasien dengan kepatuhan penggunaan masker (p -value 0,000) dengan frekuensi persepsi positif 42 responden (56%). Terdapat hubungan antara ketersediaan masker terhadap kepatuhan penggunaan masker pasien (p -value 0,000) dengan frekuensi responden menyediakan masker sebanyak 49 responden (65,3%). Diharapkan pasien menerapkan edukasi terkait dengan kepatuhan penggunaan masker yang telah diberikan oleh dokter di Poli Paru Rumah Sakit Era Medika.

Kata kunci: Analisis Faktor Kepatuhan, TB Paru, K3

ABSTRACT

Analysis of Factors Associated with Compliance with Mask Use in Pulmonary Tuberculosis Patients at Era Medika Hospital Lung Clinic

Pulmonary TB is an infectious disease caused by the germ *Mycobacterium Tuberculosis* Mar'iyah & Zulkarnain (2021). Pulmonary TB transmission can be prevented by covering our mouth when coughing or sneezing with a mask. The aim of this research was to determine the factors associated with compliance with the use of masks in pulmonary TB patients at the Pulmonary Polyclinic at Era Medika Hospital. Cross sectional research design. This research was carried out by direct observation and collecting data on pulmonary TB patients at the Era Medika Hospital Lung Clinic simultaneously. The population of this study were all patients from the Pulmonary Clinic of Era Medika Hospital. The samples used were 75 patients from the Era Medika Hospital Pulmonary Clinic who were diagnosed with pulmonary TB using the Accidental Sampling technique. The independent variables of this research were patient attitude, patient motivation, patient perception, and availability of masks. The dependent variable of this research was compliance with mask use. The research used a questionnaire sheet. Data analysis used univariate analysis and bivariate analysis. The results of the research explain that there was a relationship between attitude and compliance with wearing masks (p-value 0.000). The frequency of respondents with a positive attitude was 53 respondents (69.3%) and 50 respondents (66.7%) were compliant with wearing masks. There was no relationship between patient motivation and compliance with mask use (p-value 0.477) where the frequency of patient motivation was high in 74 respondents (98.7%). There was a relationship between patient perceptions and compliance with mask use (p-value 0.000) with a frequency of positive perceptions of 42 respondents (56%). There was a relationship between the availability of masks and compliance with patient mask use (p-value 0.000) and the frequency of respondents providing masks, 49 respondents (65.3%). It is hoped that patients will apply the education related to compliance with the use of masks that has been provided by doctors at the Lung Clinic at Era Medika Hospital.

Keywords: Compliance Factor Analysis, Pulmonary TB, K3