

ABSTRAK

PENGARUH PARITAS TERHADAP MINAT IBU PRE OPERASI SECTIO CAESAREA DALAM PEMILIHAN KB IUD PASCA PLASENTA DI RSUD MUSLIMAT PONOROGO TAHUN 2025

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Penggunaan IUD secara nasional mengalami stagnasi bahkan terjadi penurunan. IUD dianggap efektif karena merupakan kontrasepsi jangka panjang yang ideal dalam menjarangkan kehamilan. Namun Pengguna IUD pasca placenta di RSUD Muslimat mengalami penurunan dari tahun 2023 terutama pada ibu nulipara. Penelitian ini bertujuan untuk mengetahui pengaruh paritas terhadap minat ibu Pre Operasi Sectio Caesarea dalam pemilihan KB IUD pasca placenta.

Penelitian ini menggunakan desain penelitian *Analitik Observasional* dengan pendekatan *cross sectional*. Populasi dalam penelitian ini adalah ibu pre operasi SC di RSUD Muslimat. Dengan tehnik *accidental sampling* didapatkan sampel sebanyak 35 responden, pengambilan data variabel independen paritas dan variabel dependen minat ibu menggunakan kuesioner. Digunakan uji statistik *Chi-Square* untuk mengetahui hubungan kedua variabel dan Regresi Logistik untuk mengetahui pengaruh.

Hasil penelitian dari 35 responden didapatkan sebagian besar responden penelitian merupakan ibu nulipara yaitu sebanyak 15 responden (42,9 %). Sebagian besar responden memiliki minat yang tinggi dalam pemilihan KB IUD Pasca placenta sebanyak 14 responden (40%).

Analisis menggunakan uji statistik *Chi-Square* didapatkan hasil $p = 0,024 < 0,05$ maka berarti ada hubungan yang signifikan antara paritas terhadap minat ibu Pre Operasi SC terhadap pemilihan KB IUD pasca placenta dan hasil uji regresi logistik diperoleh nilai $p=0.000$ maka disimpulkan ada pengaruh paritas terhadap minat ibu Pre Operasi SC terhadap pemilihan KB IUD pasca placenta dengan besaran pengaruh sebesar 40,9%.

Penggunaan IUD Pasca placenta dinilai sangat aman dan menguntungkan bagi wanita. Salah satunya tidak merasakan sakit saat pemasangan. Maka disarankan untuk melakukan pemasangan IUD Pasca placenta setelah melahirkan terutama wanita dengan persalinan caesar.

Kata kunci : IUD, Minat, Paritas.

ABSTRACT

THE EFFECT OF PARITY ON MOTHERS' INTERESTS PRE-OPERATION SECTION CAESAREAN IN CHOOSING IUD CONTRACEPTION POST- PLACENTA AT HSU MUSLIMAT PONOROGO IN 2025

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The use of IUDs nationally has stagnated and even decreased. IUDs are considered effective because they are ideal long-term contraception in spacing pregnancies. However, post-placental IUD users at RSU Muslimat have decreased since 2023, especially in nulliparous mothers. This study aims to determine the effect of parity on the interest of Pre-Caesarean Section mothers in choosing post-placental IUD contraception.

This study uses an Observational Analytical research design with a cross-sectional approach. The population in this study were mothers pre-operative SC at RSU Muslimat. With the accidental sampling technique, a sample of 35 respondents was obtained, data collection on the independent variable parity and the dependent variable of maternal interest using a questionnaire. The Chi-Square statistical test was used to determine the relationship between the two variables and Logistic Regression to determine the effect.

The results of the study from 35 respondents showed that most of the respondents were nulliparous mothers, namely 15 respondents (42.9%). Most respondents had a high interest in choosing IUD Post-placental KB, namely 14 respondents (40%).

Analysis using the Chi-Square statistical test obtained the result $p = 0.024 < 0.05$ which means there is a significant relationship between parity and the interest of Pre-CS Operation mothers in choosing IUD post-placental contraception and the results of the logistic regression test obtained a value of $p = 0.000$, so it is concluded that there is an effect of parity on the interest of Pre-CS Operation mothers in choosing IUD post-placental contraception with a magnitude of influence of 40.9%.

The use of Post-placental IUD is considered very safe and beneficial for women. One of them is not feeling pain during installation. So it is recommended to do Post-placental IUD installation after giving birth, especially for women with cesarean delivery.

Keywords: IUD, Interest, Parity.